



# Psychology in HR: Action Learning Group

Would you like to understand more about psychology and human behaviour, and apply it in your work as a senior HR professional or leader - without going through a formal qualification?

Would you like a safe space to discuss people issues and challenges, try new things, and build the confidence to try them out at work?

Would you like to take a more evidence-based approach to your work?

I am currently putting together a group to meet regularly online, in London or the Midlands.

Ask me for more information, or turn over for more details.

Rob Robson, Director  
8Connect Consulting  
8ConnectPeople.com

07799476918  
rob@8connect.co.uk



Chartered Psychologist &  
Associate Fellow, BPS  
Principal Practitioner, the ABP





## Who is it for?

Senior / experienced HR generalists (e.g. HRD, Head of, HRBP) who want to deal more effectively with complex, 'strategic' people issues but don't want an academic qualification. It's not your job title or pay grade that's important, but if you're primarily focused on operational HR, policy and process, then you might not see the benefit.

It won't be overly academic. There's nothing more useful than a good theory, but this group is ultimately about becoming more effective as an HR leader, not as an academic or psychologist.

## Who is the facilitator?

A Business Psychologist with experience leading change on transformation projects and in operational roles. Before starting 8Connect I was European HR Director for a global Engineering firm.



## How will it work?

A lot depends on the group. There will be a blend of online and face-to-face contact, with the mix dependent on the location of group members.

I'll provide some theoretical input and facilitation, and an opportunity to complete your own Motivational Styles Profile (plus 1:1 debriefing, which can be repeated).

You'll choose the issues to work on and how to use the contact time - 4 hours per month following some initial input.

## What else will I get?

Email support, as required, and membership of a an online group chat / forum. There is an option of further 1:1 support / coaching, if desired.

Contact:  
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